

# Sigma Nashville News

## Being the man.....

Greetings to my Brothers of Phi Beta Sigma Fraternity Inc, this Brother Ron Parham and I wanted to drop in your sprit a discipline on "being the man." First of all I will say up front that none of us of our own is righteous, if left up to ourselves we would never be. So Paul, the great theologian, knowing we (men) would struggle in this area, left for us instructions on spiritual discipline in 1 Timothy 4:7-8: Do not waste time arguing over godless ideas and old wives' tales. Instead, train yourself to be godly. "Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come." NLT



in his book *10 Disciplines of a Godly Man*, "get you into shape on being a Godly Man.

### Discipline of Purity

A pure mind is impossible if you mindlessly watch TV and movies or visit pornographic web sites (1 Thessalonians 4:3-7). Develop the divine awareness that sustained Joseph: "How then can I do this great wickedness and sin against God?" (Genesis 39:9).

### Discipline of Relationships

To be all God wants you to be, put some holy sweat into your relationships! If you're married, you need to live out Ephesians 5:25-31: "Husbands, love your wives, as Christ loved the church and gave himself up for her" (v. 25). For those who are fathers, God provides a workout in one pungent sentence: "Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord" (Ephesians 6:4). Relationships are not optional (Hebrews 10:25); they enable us to develop into what God wants us to be and most effectively learn and live God's truth.

### Discipline of Integrity

We can hardly overstate the importance of integrity to a generation of believers so much like the world in ethical conduct. But integrity's benefits—character, a clear conscience, deep intimacy with God—argue its importance.

### Discipline of Tongue

"If anyone thinks he is religious and does not bridle his tongue but deceives his heart, this person's religion is worthless" (James 1:26). The true test of a man's spirituality is not his ability to speak, but rather his ability to bridle his tongue!



### Discipline of Work

We meet God, the Creator, as a worker in Genesis 1:1-2:2. Since "God created man in his own image" (1:27), the way we work will reveal how much we allow the image of God to develop in us.

**BE THE MAN!**



## 2010 Chapter Officers

Hon. William Hayslett  
President

Claude Mann  
1<sup>st</sup> Vice President

Steven Townsend  
2<sup>nd</sup> Vice President

Greg Band  
Recording Secretary

Dewayne Jenkins  
Financial Secretary

Arthur Laird  
Treasurer

Keith Pitts  
Parliamentarian

Dwight Webster  
Pan Hellenic Liaison

Ron Parham  
Chaplin

## 2010

### Committee Chairperson

Dwight Webster  
Social Action

Robert McMurray  
Education

Keith Pitts  
Housing

Stephen West  
Bigger and Better Business

Weldon Kidd  
Past President Council

Don R Parham  
Sigma Beta Club Advisors

Dewayne Jenkins  
Public Relations

Gary Burke  
History

Derrick Smith  
Intake/Recruitment/Retention

## Back to School .....



On Tuesday, August 10, 2010 Eta Beta Sigma Chapter of Phi Beta and Phi Beta Sigma Fraternity, donated over 150 Back to School supplies to the Cobblestone Corner Community during their Annual School Supply Giveaway from 5:00 – 6:00 PM.

Last year nearly 130 students received book bags when the event was held at the South Street Community Center Nashville, TN. It is a very successful program that meets the economic needs of low-income families."

Brother Don Parham, Director of Sigma Beta Club of Eta Beta Sigma, enjoys helping out. "This is the time when the Men of Sigma shines the most when we do such magnificent work, so we're delighted to be a part of this particular effort," said Parham.

"The men of Phi Beta Sigma spent their Tuesday battling the August sun to help those in need" Brother William Hayslett, President, to show that "it's not about us, you have to give to others and not think of yourself."



# PROJECT SEED

August 7, 2010-Eta Beta Sigma of Phi Beta Sigma Fraternity, Inc. along with Woodbine Community Organization, US Bank, Aid & Assist At Home, Inc., The Realty Association and the Edmondson Chapel Church in TN partnered to raise awareness to the community as it relates to Economic Power. It was expressed during our first meeting that the mission is to educate and guide first time home buyers through every step of the process. The best tools are available so that the participants will be able to decide if home ownership is right for them. Our goal is to make buying a 1st home a simple, fun, exciting, and hassle-free experience.



**PROJECT SEED** is offered the First Saturday of each month at the Edmondson Chapel Church, where Brother Ron Parham is the pastor. “One of the main focus of the Edmondson Chapel Church is to be a place where anybody can come in and find love, while being equipped for Kingdom work.” Parham believes that a better educated person will make for a better congregant which adds value to their usefulness in the Kingdom. “No more can we continue as a community to allow persons to just existit” says Parham, “we must equipped them to live.”

All partners will meet on a quarterly basis to create lesson plans relevant to the low-moderate income market and look for areas where content material overlaps. It is believed that by working as a team, we can save time by eliminating needless repetition.



Realizing that helping more low and moderate-income Americans become homeowners is a national priority, Eta Beta Sigma along with our partners is helping to ensure that Phi Beta Sigma Fraternity continues to play an important role in sharing positive information about the advantages of home ownership to our members and our communities.

# Eta Beta Sigma's Sigma Beta Club

The purpose of the Sigma Beta Club is many. The Club is an organization for young male students that give them the opportunity to meet with each other on a regular basis outside the school atmosphere to discuss their interest and problems. The Club also gives members a chance to meet with college and professional men on a regular basis; therefore, exposing them to various viewpoints of educational advancements.

Sigma Beta Club programs are geared to meet the needs of its members, but at the same time provide them with a well rounded outlook that is needed to cope with today's society. The programs are educational, cultural, social, and athletic and are designed to give members a chance to be innovative, thereby instilling self confidence and a feeling of accomplishment.

Service projects such as community clean-up and the feeding the homeless will thrust Club members into community involvement. This involvement will give Club members a feeling of being part of community development. The Sigma Beta Club is a national Club which is all around the United States.

Brothers your help in leading by example is much needed. Brother Don Parham is our Director and he is expecting to lead Eta Beta Sigma's Sigma Beta Club to a level of excellence throughout our fraternity

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## 2010-2011 SIGMA BETA CLUB OFFICERS

President  
Trevon Rowe  
Senior—Page High School

Vice-President  
Ramell Lloyd  
Senior—Hendersonville High School

Secretary  
Anthony Brown  
Jr.—East Magnet School

Treasurer  
Kyle Ewing  
So-Lavergne High School

Parliamentarian  
Spencer Washington  
So—Nashville School of the Art

Advisor  
Brother Don Parham



## 45 years ago.....



US Representative John Lewis.

On March 7th, 1965, 600 of us lined up to walk from Selma to Montgomery, to march for voting rights. When we tried to cross the Edmund Pettus Bridge over the Alabama River, we were met by state troopers. They attacked us with tear gas, bullwhips, and nightsticks.

It became known as Bloody Sunday, and the national outcry over the brutality that day led to the enactment, **exactly 45 years ago today, of the Voting Rights Act.**

The progress we've made since then is remarkable. But the expansion of voting rights for millions did not happen overnight. It was the product of a continued struggle, by many people, over many years. And just as change did not come easily then, it does not come easily now. Discrimination still exists in America -- its effects can be as harmful as they were decades ago. And we can always become a better, more just society.

Two years ago, this movement -- led by Barack Obama -- brought millions of people into the political process for the first time. I'm told that many of you are working hard now to get as many as possible of those folks -- and others from across the country who are with us in these fights -- to the polls this year.

It's an important effort, and the legacy of the fight for the Voting Rights Act is that it is not only our right to vote, and to help others do so -- *it is our duty.* Can I count on you to help out between now and the elections in November? <http://my.barackobama.com/page/content/volunteerlewis>

When I was a child, I tasted the bitter fruits of racial discrimination -- and I did not like it. That was what spurred me to act. In those early days, we sacrificed our very selves for our rights as Americans. But we never gave up and now barriers that kept an entire people from full participation in this country have been removed.

No longer are people who look like me met with violence when we register to vote. No longer is the idea that an African American could become president just a dream. We live in a better world, a better country.

But our work is not complete. We cannot wait for someone else to make change. We must all do it. You must do it. I must do it.

**Submitted by Brother Stephen West**

Thank you,  
*Representative John Lewis*



## WEDDING BELLS

*Wedding bells are in the air for Brother Lance Charles. Brother Charles will marry Ms. Shenika Danielle Welch at the Riverwood Mansion 1833 Welcome Lane Nashville, TN 37216, Sunday, the third of October two-thousand and ten 5:00 PM.*

*"Happy marriages begin when we marry the one we love and they blossom when we love the ones we marry" - Tom Mullens*

# BROTHERS ON THE MOVE

Dr. Roosevelt Faulkner has been named President-Elect of the Middle Tennessee Counseling Association (MTCA) and named board member of the Tennessee Counseling Association (TCA).

MTCA is a counseling association composed of counselors in the Middle Tennessee area that support school counselors, mental health counselors, career counselors, college/ community counselors. TCA is a division of the American Counseling Association (ACA) within the state.

For more information visit their website at ([www.counseling.org](http://www.counseling.org)), or the TCA website ([www.tncounselors.org](http://www.tncounselors.org)).

Congratulations Brother Dr. Faulkner.



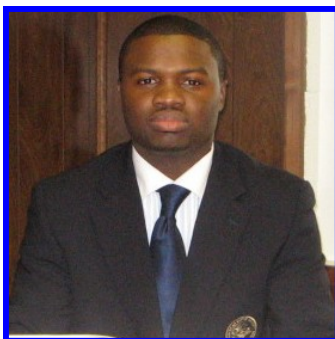
Congratulations to Brother Robert (Ice) McMurray on his recent graduation from Antham Career College. Brother McMurray graduated with a degree in Radiology.

Congratulations to Brother Adrian Hambrick, Mu Gamma Chapter 2009! He will be serving as the senior class president at American Baptist Seminary of Theology for the 2010-11 school year.

Minister Brother Adrian Hambrick is a native of Madison, Alabama right on the outskirts of Huntsville. After accepting his calling into ministry, he became a licensed minister on May 4, 2007. He is the former 5 year president of the Youth Congress of the Primitive Baptist Tri-State Convention (AL, MS, TN). Minister Hambrick knows what it means to weather the storm and many times felt like throwing in the towel. But he has a devoted mother who always prays and reads her bible. She gave him this scripture:

*But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles. Isaiah 40:31*

It is because of this that Minister Hambrick continues to work hard in ministry. He loves the Lord and he loves the people of God. His main goal in ministry is to preach, teach and bring people closer to God.



Brother Omar Archer, Mu Gamma 2008, received a Master of Theological Studies Degree from the Vanderbilt University on August 20, 2010. Brother Omar is looking to serve as a Senior Pastor of a progressive Christian Congregation as well as teach Theology and Religious Studies in a College or High School setting in the Bahamas.

Brother Omar also plans to work closely with a local chapter of Phi Beta Sigma Fraternity in the Bahamas to continue "Culture for Service and Service for Humanity"

# CONCLAVE 2011 EARLY REGISTRATION ANNOUNCEMENT



The Mighty Men of Sigma will be “Living the Legacy: Marching Towards the Jubilee” as we gather in the great city of Atlanta, Georgia for Conclave 2011. The convention will be held July 20 – 24<sup>th</sup>. Don’t miss this opportunity to celebrate, network and advance the business of Phi Beta Sigma with Brothers from all corners of the globe. This is the next step on our march to our 100<sup>th</sup> Centennial Celebration in 2014.

Uniquely scheduled for this convention will be Leadership Development and Membership Intake Training Sessions on July 18<sup>th</sup> & 19<sup>th</sup>. The General Board, Headquarters Staff, Conclave Planning Team, Sigma Leadership Academy and Host Chapters are working early to prepare an exciting and fulfilling conference for you and your guests.

So mark your calendar and take advantage of the Early Bird Registration rates! Stay tuned for more information – great things are coming to Atlanta!

Fraternally yours,

*Honorable Brother Jimmy Hammock*  
International President

## AUGUST 2010

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### UPCOMING EVENTS

**Thursday 19** - Education Committee Meeting—for more information or if you are interested in working on this committee contact Brother Robert McMurray at icesigma@aol.com

**Wednesday 25— 4-5:30**-Tennessee Titans vs Arizona Cardinals practice. Wear PBS t-shirts and /or caps to support Eta Beta Sigma member Dominique Rodgers-Cromartie of the Arizona Cardinals.

**Thursday 26** - General Body Meeting 6 pm TSU School of Nursing

**Saturday 28-9:00 –11:30** - Community Service Project for Sigma Beta Club - Sigma Beta Club will be involved with preparing meals for the homeless and deliver them to the homeless shelter in the Nashville, Davidson county area

**11-6:00 PM**— Nashville Pan Hellenic Council Cookout— Centennial Park, West End

**4:00-8:00 PM**—Bowling with Brothers - Donelson Plaza Strike and Spare 2710 Old Lebanon Road 37214- (615) 889-4710 - Come join brothers of all ages as we relax and fellowship while knocking down a few pins. This event is sponsored by Eta Beta Sigma Chapter. Food and drink specials will be available.

